



The
Ultimate Book
of Inspiring Quotes
for Kids



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The Ultimate Book of Inspiring Quotes for Kids

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For our children—Ryan, Anna, Daniel, Sean, Jason, Andrew, and Lily—who inspired the InspireMyKids journey and make it real for us every day.

For our wives, Karen and Emily, who lovingly remind us to live these virtues every day and have supported our journeys from day one.

For our parents—Bill, Nancy, Walter, and Joan—who taught us the importance of these values and gave us solid foundations to build from.

For our mentors—Johnna, Chris, Sharol, and Haylie—for helping to light the spark and continuing to fuel it with their encouragement and feedback.

For the authors of the quotes in this book, for sharing their immense wisdom with the world.

We thank you all from the bottoms of our hearts.

Mike and Kevin

INTRODUCTION

A Note to Children

Becoming the best version of yourself, keeping a positive attitude, and helping to change the world for the better are no easy tasks! They take inspiration, encouragement, wisdom, and good habits.

Quotes can be an incredible fuel for your fire. They can shine a light on new ways of thinking, reveal how successful people handle different situations, and inspire you in a fast and fun way.

If you look at the quotes on the pages that follow, you will see that many of them come from people who have made big differences in the world. This is not a coincidence. It was not only their cleverness that helped them stand out and change the world but also their values and habits. This book focuses

on these habits and can help you shape your thinking, values, and actions.

Use the words in this book to inspire your own version of greatness. If you can work to develop the same habits and thinking that appear in these pages, it will not just a great benefit to you, but also to your family, career, school, and community.

The good news is that even small actions and small changes to the way you think can have a huge impact on your life and the world. So don't wait! Start today—get inspired, and practice taking positive actions every day. Instead of just thinking about doing the right thing, do the right thing. Keep doing good things, and soon they will become habits.

INTRODUCTION

A Note to Adults & Educators

The inspiring words and people found in this book are at the heart of what we do at InspireMyKids.

Our unwavering goal is to share inspiring, age-appropriate, real-life stories, quotes, media, and projects that help children become the best they can be and take positive action to make the world a better place.

We have focused this collection of quotes on topics that matter to the development of character in children. We selected quotes based on their potential appeal to children and then validated based on feedback by children.

Whether you are an educator, parent, coach or mentor, we trust you will find inspiration in these

pages. Thank you for your desire to make the world a better place.

We also hope that you will join us on the InspireMyKids (IMK) journey at our home—the world’s largest community of inspiration for kids—www.inspiremykids.com.

Mike Stutman and the IMK Team

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BRAVERY & STRENGTH

You know bravery when you see it. Bravery can be as simple as sleeping over at a friend's house for the first time, even when you are scared to do so. It can be standing up for someone in his or her time of need. It can be as difficult as undergoing years of painful medical treatments.

Being brave makes you better at everything that you do, whether it enables you to participate more in class, speak in public, or try a new sport or activity. In fact, developing bravery—little by little—is one of the best things you can do to set yourself up for success in life.

Many of the people who have had the greatest impact on the world have exhibited bravery. From Abraham Lincoln to Nelson Mandela, bravery was at their core.

Here are some great quotes on the topic of bravery and strength:

“We are only as strong as we are united, as weak as we are divided”

– J. K. Rowling

**“You have power over your mind—not outside events.
Realize this, and you will find strength”**

– Marcus Aurelius

**“With the new day comes new strength and new
thoughts”**

– Eleanor Roosevelt

**“Be strong. Live honorably and with dignity. When you
don’t think you can, hold on”**

– James Frey

**“The golden rule is that to act fearlessly upon what one
believes to be right”**

– Mahatma Gandhi

**“Success is not final, failure is not fatal: it is the
courage to continue that counts”**

– Sir Winston Churchill

**“It’s not the size of the dog in the fight, it’s the size of
the fight in the dog”**

– Mark Twain

“I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear”

– Nelson Mandela

“Being brave is when you have to do something because you know it is right, but at the same time, you are afraid to do it because it might hurt or whatever. But you do it anyway”

– Meg Cabot

“When a brave man takes a stand, the spines of others are often stiffened”

– Billy Graham

“The future doesn’t belong to the light-hearted. It belongs to the brave”

– Ronald Reagan

“He who is brave is free”

– Seneca

“Heroes are people who face down their fears. It is that simple”

– David Gemmell

**“He doesn’t need to be big to be brave, because bravery
is the courage found in the heart”**

– Aishah Madadiy

CARING & KINDNESS

Caring and kindness—two very simple words, but two actions that can change your world and the world around you. They are qualities that, when you practice them, bring happiness not only to others but back to you as well.

Every day we have many choices to make in the way we treat other people and the world around us. These little choices add up to big things: they define who we are as people.

To inspire you in your own efforts to be more caring and kind, here are some quotes that describe how important these virtues can be to you and others:

“Never believe that a few caring people can’t change the world. For, indeed, that’s all who ever have”

– Margaret Mead

“What this world needs is a new kind of army—the army of the kind”

– Cleveland Armory

“The simple act of caring is heroic”

– Edward Albert

“No act of kindness, no matter how small, is ever wasted”

– Aesop

“I feel the capacity to care is the thing which gives life its deepest significance”

– Pablo Casals

“You cannot do a kindness too soon, for you never know how soon it will be too late”

– Ralph Waldo Emerson

“Wherever there is a human being, there is an opportunity for kindness”

– Seneca

“Unless someone like you cares a whole awful lot, nothing is going to get better. It’s not”

– Dr. Seuss

“Always stop to think whether your fun may be the cause of another’s unhappiness”

– Aesop

“Of all virtues and dignities of the mind, goodness is the greatest”

– Francis Bacon

“Choose being kind over being right and you’ll be right every time”

– Richard Carlson

“Goodness is the only investment that never fails”

– Henry David Thoreau

“That best portion of a man’s life, his little, nameless, unremembered acts of kindness and love”

– William Wordsworth

“If you see someone without a smile, give them one of yours”

– Dolly Parton

“They’re only truly great who are truly good”

– George Chapman

“Do to others as you would have them do to you”

– The Bible: Luke 6:31

“You can’t live a perfect day without doing something for someone who will never be able to repay you”

– John Wooden

“If you judge people, you have no time to love them”

– Mother Teresa

“Never look down on anybody unless you’re helping him up”

– Jesse Jackson

“The kindest word in all the world is the unkind word, unsaid”

– Anonymous

“Your greatness is measured by your kindness”

– William Boetcker

“You are not only responsible for what you say, but for what you do not say”

– Martin Luther

“Fashion your life as a garland of beautiful deeds”

– Buddha

“Forget injuries; never forget kindness”

– Confucius

“When I was young, I admired clever people. Now that I am old, I admire kind people”

– Abraham Joshua Heschel

“When you are kind to others, it not only changes you, it changes the world”

– Harold Kushner

“Always be a little kinder than necessary”

– J.M. Barrie

“Kind words can be short and easy to speak, but their echoes are truly endless”

– Mother Teresa

CONCLUSION

We hope you found this book to be inspiring and that many of the quotes in this book spoke to you. Perhaps one of the ideas will help you or a child in your life to take positive action toward change.

We also hope that this is the beginning, not the end, of our interaction with you. If you like what you found in this book, please consider joining InspireMyKids on our journey to help children become their best and make the world a better place.

To stay abreast of new quotes that we compile, books we publish, and real-life, inspiring stories and projects for kids, please visit our website—www.inspiremykids.com—to sign up for our e-mail list and connect with us on social media.

Also, the educator section of our website includes ideas to start incorporating inspirational quotes into your school or class and access to worksheets and common core lesson plans.

Lastly, we truly welcome your feedback:

- What book would you like to see us publish next?
- How could we make this book more valuable?
- What quote topics do you want us to explore next?
- Do you have a favorite quote you would like us to include in our next edition or book?

Please send your thoughts, feedback, and ideas to info@inspiremykids.com.

Thanks again for joining us on this journey.

Mike Stutman and the IMK Team

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